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Autor: jandlglass.org Palavras-chave: viver de apostas desportivas

S elf-saucing puddings are magical, and everyone should have a recipe ready. The transformation from a wet mixture (in which it is hard to see the potential) to a soft and irresistible pudding is amazing. I have tried many versions of them over time – some with dates and ricotta, others with apple and caramel, chocolate fudge and more. This one, with elderflower and lemon, is for citrus lovers. It is delightfully sour, and can be prepared quickly.

Self-saucing elderflower and lemon pudding

I use a medium oval casserole dish of about 650ml capacity. The batter should fill it halfway up the side, so the liquid sits on top without spilling over.

Prep time: 20 min Cook time: 30 min

Serves: 4-6

80g butter, softened, plus extra for greasing

80g golden caster sugar

Finely grated zest of 2 lemons s (use the juice in the sauce)

2 eggs

100g plain flour

1/2 tsp baking powder

A pinch of salt

100g ricotta

For the sauce

Juice of 2 lemons (you'll need 80ml)

60q caster sugar

30ml elderflower cordial

15g cornflour

Turn on the oven to 200C (180C fan)/390F/gas 6 and grease your baking dish (see recipe instructions).

In a bowl, mix the butter with the sugar and lemon zest until light and fluffy. Add the eggs one at a time, beating well after each addition. Sift in the flour, baking powder and salt, then fold in gently until just combined. Fold through the ricotta, then spoon the batter into the greased dish and spread it out evenly.

Put the lemon juice, caster sugar, elderflower cordial and cornflour in a small pan, put on a medium heat and stir until steaming. Pour the sauce over the top of the batter, then put the dish on a baking tray to catch any drips. Transfer to the hot oven and bake for 25-30 minutes, until the pudding is golden brown and set, and the sauce is bubbling around the edges. Remove, leave to cool for a few minutes, then serve.

Eu e o meu encontro falávamos de filmes. Sempre gostei deles, ele não era fã dele... mas gostava do Alien!

Minha resposta foi imediata: "Alien não é um filme de terror."

Os filmes de terror, eu disse que refletem o cotidiano: O Bebê (gravidez), Hereditário(tristeza) e Midsommar. Alienígenas no espaço eram ficção científica

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